

U23

# NATIONALS

17 - 20 DECEMBER 2024



# CUSTOMISED TEAM WEAR

# BY **Tayla**

## sportswear

**SUBLIMATED  
OR PANELLED KIT**



# MULTISPORT



WE SPECIALISE IN DESIGNING AND MANUFACTURING CLOTHING THAT IS COMFORTABLE AND PRACTICAL FOR ALL YOUR TEAM'S NEEDS BOTH ON AND OFF THE FIELD.

FROM TRAVEL WEAR TO WARM UP AND COOL DOWN GEAR, FROM MATCH KIT TO TRAINING KIT, WE HAVE YOU COVERED

**WE OFFER VARIOUS STYLES OF**

VESTS

SHIRTS

SKIRTS AND SKORTS

SHORTS

WARM UP TOPS

TRACKSUIT PANTS AND JACKETS

PUFFER JACKETS

**CREATE YOUR OWN KIT  
WITH OUR IN-HOUSE DESIGNER**

**NO DESIGN FEE  
ON ACCEPTED QUOTES**



**EMAIL [PRODUCTION@TAYLA-TEAM.COM](mailto:PRODUCTION@TAYLA-TEAM.COM) FOR A QUOTE TODAY**

# WELCOME



Welcome to all our participants, supporters and parents to the 18th PSi Nationals 2024 in Cape Town.

Last year was an incredible year for PSi, we took Indoor hockey to new heights by organising a successful Indoor Hockey World Cup in Pretoria and launching the inaugural Nkosi Cup.

This has shown with a significant increase in the number of teams participating in this year's PSi Nationals. We shall have a total of 310 across all age groups which is a record number. We are proud to be introducing an u23 tournament which has his been a hot topic for many years. Such a special opportunity for these players to relive the memories and magic of PSi.

We have spent months preparing for this year's event, with the introduction of the PSi Nkosi village which will be a one of a kind experience. For the first time in Africa, we will see 4 indoor courts in one space, including a large entertainment tent. Teams can watch and support each other throughout the day and end the day watching the Nkosi Cup.

Indoor hockey is going places in Southern Africa with both South Africa and Namibia qualifying for the 2025 FIH Indoor World Cup in Croatia. So many of these national players have come through the PSi system and now succeeding on the big stage.

We are also excited to be hosting the 2nd Nkosi Cup in conjunction with PSi Nationals which was an extremely entertaining event in 2023. Nkosi Cup will be broadcasted live on SuperSport which is a massive step in exposing the game to the entire sports community.

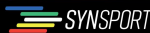
A massive thank you to our loyal sponsors Nolands, Synsport, TK and Tayla sportswear for their continued support. A special thank you to all the venues who are hosting the event and for allowing us to play at your facilities.

Thank you, all the umpires, coaches, managers, technical staff and PSi staff, for your continued enthusiasm and making PSi events as exciting and memorable as they are. You all play a big part in making PSi what it is today. Your dedication to indoor is appreciated and it's amazing to share the same love and passion for the game.

With over 3000 participants competing over 10 days playing 1300 matches across 16 indoor courts we are in for an amazing hockey experience.

Let's celebrate the spirit of indoor as nothing beats indoor!

Yours in sport,  
Simon Martin  
PSi Founder and Managing Director



# DAILY SCHEDULE



## U23 PSi Nationals 2024

### Opening day: Tuesday 17 December

- 10h30 Sleep IN flight travellers are collected from Cape Town International Airport & transported to the various hotels
- 12h00 Sleep IN travellers check into the various hotels
- 16h15 U23 Sleep IN participants are transported from the various hotels to the Wynberg Military Base for dinner & to watch the Nkosi Cup
- 21h15 Nkosi Cup matches end and all u23 Sleep IN participants are transported back to the various hotels

### DAY 1: Wednesday 18 December

- 08h00 First matches begin at the various venues
- 22h00 Final matches end

### DAY 2: Thursday 19 December

- 07h30 First matches begin at the various venues
- 21h15 Final matches end

### DAY 3: Friday 20 December

- 08h00 First matches begin at the various venues
- 17h45 Final matches end
- 20h15 Prize Giving in the Marquee at Wynberg Military Base  
U23 PSi After Party for all participants in the Marquee at Wynberg Military Base with DJ Kurt April

# GENERAL INFORMATION

Follow the tournament on our social media platforms and our website- [psihockey.co.za](http://psihockey.co.za) (click on the Nationals tab)



Pro Series Indoor



[proseriesindoor](https://www.instagram.com/proseriesindoor)

## Photography

We love a good ol' action shot! Browse till your hearts content. All our photographs from our tournaments will now be archived on our photography page. Head over to [psihockey.co.za](http://psihockey.co.za) to find the link! Don't forget to tag us and your franchise when posting. #WeLoveBoards!

We welcome Team Photo SA on board who will be taking team and individual photos as keepsakes from the tournament. Please see order sheet on the following page or whatsapp Fanus Schoeman on 071 165 8891

## Video highlights and live streaming

There will be daily livestreaming for most games via the dedicated venue facebook pages. Head onto our facebook page to find the links to each venue!

## Fixtures and results

All fixtures and results are updated online on our website- [psihockey.co.za](http://psihockey.co.za) under the Nationals 2024 tab.

## Prize giving

Each venue will have their own prize giving after the finals on day 3 where teams will receive their medals and individual awards will be announced.

## Food and Beverage

Each venue will have a tuckshop that will sell food, coffee, and refreshments.





# INDOOR HOCKEY NATIONALS 2024

CAPE TOWN

## PHOTO ORDER FORM



Dear Franchises & PSI Parents

Congratulations on being part of the 2024 Indoor Hockey Nationals. As the Official Photographic Service Provider we wish you and your team a happy and fulfilled tournament making new hockey friends.

### We will be offering the following services and products:

#### 1. TEAM PHOTOS & MEMORABILIA PORTRAITS

Due to limited time during the tournament, TEAMS PHOTOS & MEMORABILIA Portraits will only be available as a **DIGITAL DOWNLOAD OPTION** per team. (Teams that do want printed Team Photos & Memorabilia Portraits must please enquire on 0711658891. It will be available @ R75 ea, but will only be couriered after the tournament at a fee of R107 to ONE address per team).

#### 2. ACTION PHOTO HIGH-RES DOWNLOADS

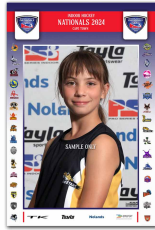
Action photo's will be available from [www.teamphotosa.co.za](http://www.teamphotosa.co.za) within 14 -21 days after the tournament.

**NOTE: ONE ORDER & ONE PAYMENT per team please...PLEASE DO NOT ASK PARENTS TO MAKE INDIVIDUAL PAYMENTS TO US SHOULD YOU AS MANAGER BE TOO BUSY YOU MAY REQUEST A MOM TO CO-ORDINATE THE TEAM ORDER AND LIASE WITH US PLEASE**

**BLACK NOVEMBER SPECIAL ONLY VALID UNTIL 5 DECEMBER 2024**



DIGITAL TEAM PHOTO  
PLUS ALL PORTRAITS  
OF TEAM MEMBERS  
IN DIGITAL FORMAT  
@ R700/TEAM  
VALID UNTIL  
5 DEC



Franchise: .....Age Group.....Boys/Girls.....

Contact Person .....Mobile:.....

Yes, our parents want to order Digital Team Photos and portraits @ R700 team  
(Orders placed after 5 Dec will be R900/team)

**NO, our parents are not interested in digital team photos and portraits**

Yes, our parents want to order Qty.....Printed A4 Team Photos and Qty.....Printed Memorabilia Portraits @ R75 ea & want it couriered at R107 per team to one address. Address will be supplied

**NO, our parents are not interested in PRINTED Team Pics/Memorabilia Portraits**

Signature: .....

TOTAL  
AMOUNT

**DIGITAL PACKAGE ORDERS PLACED AFTER 05 DEC WILL COST R900/TEAM**

**NOTE**  
1. Please complete order form and mail to [fanus@teamphotosa.co.za](mailto:fanus@teamphotosa.co.za) or complete, photograph and whatsapp to 071 165 8891 prior to arrival or order via Whatsapp.  
2. TeamphotoSA will issue an Invoice once order is received



# DEDICATION & PRECISION

Success takes time & commitment, dedication & control. The more you practice, the better you get. All goes to show – we have more in common than you think!

**Nolands**  
AUDIT • ADVISORY • LAW

Proud sponsors of PSi Hockey since 2008.

# ACKNOWLEDGEMENTS

TK Hockey  
Nolands  
Tayla Sportswear  
ES Media  
PSi parents and players  
Umpires and Coaches  
Garden Court Nelson Mandela  
Boulevard  
SunSquare Garden  
Hotel Sky  
Stay Easy City Bowl  
Synsport

Herschel Girls Schoo  
St Cyprians Girls School  
Wynberg Military Base

# CONTACTS

Tournament Director  
Transport  
Kit Supplier  
Medical  
Umpires Manager  
Photographer

Andy Stofberg  
JP Nichols  
Tayla Sportswear  
Wetton Medical Services  
AB Groener  
Fanus Schoeman

082 823 3748  
071 682 2780  
021 510 0809  
082 579 4815  
078 566 8924  
071 165 8891





# TOURNAMENT RULES



PSi strictly adheres to the FIH indoor rules for all PSi Events

## Playing up & down

- No player may play up or down without permission
- Teams will be deducted match points if found guilty and the opposition will receive full points (5 points)
- Permission to play up or down can only be granted by the Tournament Director
- Only special cases will apply

## Cards

- 3 Yellow cards = 1 game suspension
- 1 Red card = minimum 1 game suspension
- Once the player has been sent off they must sit at the tech table, they are not allowed to sit with the team – (they may join the team at half time only)
- The umpire/tech table can immediately award a penalty corner if found guilty
- If a player receives 3 yellow cards or 1 red card an immediate disciplinary hearing will take place.
- The Tournament Director or authorized PSi staff member will hear both parties and make the final decision.

## Swearing

If a player is found guilty the umpire can penalize the player with an automatic yellow card

## Time Allocations & Start of games

- Games will start on time as per fixtures.
- Matches will consist of 2 halves of 15 to 20 minutes each way with a 2 minute half time break.
- There will be a 3 to 7 minute break between matches.
- Time will be kept by the tech table.
- Time will not be stopped at any time during the match, unless there is a severe medical emergency.
- If a 2nd ball goes on a court during a match and if influences play, the game will be stopped and will restart with a bully.
- The whistle will be blown from the tech table on time to start the game regardless if teams are on the court
- If only one team is ready and the whistle has been blown they may play freely towards the goals AFTER waiting for a period of 30 seconds
- All FIH indoor rules will apply
- Goalkeeper substitutions – Goalkeepers need to be substituted within 3 metres of the centre line.

# TOURNAMENT RULES



## **Blood Bin**

-In the case of a blood injury, players must get off the court immediately and seek medical attention.

## **Drinks**

-Players may not drink on the court at any stage (this includes halftime)  
-The umpire/ tech table has the right to award a penalty corner should a team be found guilty

## **Warm up**

-Teams must please warm up outside the hall before games.  
-Please note that there is limited time between matches so coaches must make sure captains toss prior to the start of the game.

## **Advancing to play-offs**

-Should teams end on the same points after preliminary matches are completed, goal difference will apply to determine who progresses.  
-If goal difference is a tie, then it goes to goals for.  
-If goals for is the same, then the result against each other will apply.

## **Playoff matches ending in a draw**

-No golden goal policy will apply  
-Show downs will replace penalty flicks if games end in a draw.  
-Each team will nominate 3 players to take a 1v 1 "7 second" attack

## **Long Corner**

-A long corner will be taken on the half way line and in line with where the ball went out on the base line.

# POINT SYSTEM

4 Points for a win

2 Points for a draw

1 Point for losing by 1 goal

1 Point for scoring 5 goals or more in a game

A maximum of 5 points can be achieved per game

# SPECIAL CONDITIONS

## Tournament behaviour off the court

***A player will be suspended from ALL matches based on the following criteria:***

- Use of alcohol, drugs & cigarettes
- Caught stealing
- Use of fire crackers
- Fighting with opposition teams
- Three daily warnings for misbehaviour at the accomodation

***A player will be suspended from 1 game based on the following daily criteria:***

- Making a noise after lights out
- Playing loud music
- Back chatting the hotel manager or PSI staff
- Lights on after lights out without a valid reason
- General misbehaving in the hotel

-The above conditions are non negotiable. This is a simple and fair solution which is monitored by the Event Co Ordinator.

-All matters are reported back to the Event Co Ordinator and your tour manager.

-In severe cases you will be sent back home at your parents expense.

## Indemnity

Due to the nature of the sport, PSI or any of their staff members are not responsible for any losses, damage or injury of any participant caused during the duration of the tournament.



# SPECTATOR CODE OF CONDUCT

Indoor hockey is an exciting, fast and entertaining game. Coaches, players and spectators should remember that the objective is to have fun and develop hockey skills. It is important at PSi that all participants conduct themselves in a positive and responsible manner.

PSi will not tolerate behaviour which brings the game into disrepute. The attitude shown by spectators toward the coaches, the umpires, the opposing players are of paramount importance.

PSi has never been all about winning. Inappropriate comments or actions by adults at youth sports undermines the essence of competition and introduces stresses which are inappropriate for young players.

Parents & Spectators should:

- Encourage players to have fun at all times. Focus on praise and encouragement rather than on criticism and negative yelling. The role of the parent is to support the players not coach them. Instructions from too many sources can lead to confusion and stress. A player should not have to deal with a coach, teammates and parents all yelling at them to do something on the field. They should be encouraged to make their own decisions and learn from them.

- Applaud good plays by players on both teams.

- Encourage fair play and good sportsmanship.

- Spectators must remember that every player on the team is a contributing player.

Indoor hockey is a team sport and without each player, there is no team.

- After the game is over, ask the players "Did you have a fun?" or "what did you do well or learn?" and not "who won?" or "who scored?"

- Attempt to reduce the pressure of competition, not increase it.

- Be kind and respectful to coaches. Spectators to support the coach and his or her decisions and will refrain from verbal criticism during any game. Remember, the coach makes the final decision regarding players on the field, voicing contrasting opinions to youth players during competition undermines the coach and can create issues.

- Do not publicly question the umpire's judgement, and never his or her honesty. The umpires are symbols of fair play, integrity and sportsmanship. Please remember, many of these umpires are young adults learning themselves, so please treat them with respect.

There are no full time professional hockey umpires in SA. It is an amateur sport. Umpires like players don't have perfect games so there will be errors which they will learn from.

- NEVER enter the field to speak with an umpire. Speak to your coach or manager if you have a concern. If a parent confronts an umpire during or after a game they may be asked to leave the venue by a PSi official.

- Accept the results of the game. Encourage your child to be a good sport in victory and in defeat. Many times a player will not remember the results of a game an hour later but they will remember how they felt because of their own – and others actions.

- Parents/Spectators will only sit in designated areas around the field. Sitting along either end line or with the coaches and players is not allowed.



# SPECTATOR CODE OF CONDUCT

- Drinking, smoking, foul language and firearms are not allowed around the fields during games or practices. If you need to smoke, please find an area a significant distance away from all other parents, players, and coaches outside of the venue.
- Appealing at umpires from the stands is not permitted.
- Unsportsmanlike behaviour or dissent is not acceptable.
- Interfering with coach or team is also not appropriate.
- Any sort of discrimination or discriminatory remarks is not acceptable and if identified will result in a disciplinary hearing.
- Accepting Incorrect decisions – supporters must understand that there will be human error – bringing video evidence to try show and umpire made a mistake is not appropriate. Unless offering video referral technology for all teams at the tournament the showing of videos will not be entertained. There is no VAR at youth sporting events. The umpires decision on the field of play is final and needs to be accepted.

Failure to comply with the Spectator Code of Conduct could result in the following.


Technical officials as well as umpires at their discretion may card the team captain. The officials may also ask the offending person to leave the venue. If necessary a disciplinary hearing with the head of the franchise may be called to discuss the matter with tournament officials and decide on an appropriate course of action.

Decisions and actions by the tournament officials are final.

“Let the kids play!”

Enjoy youth sports in a relaxed manner and thank you for the support!





**SYNSPORT HAS INSTALLED OVER 2,000,000  
SQUARE METERS OF SYNTHETIC SPORTS  
SURFACING AT OVER 1000 FACILITIES  
ACROSS SOUTH AFRICA**

WE WOULD JUST LIKE TO THANK ALL OUR PAST CUSTOMERS FROM AROUND THE COUNTRY FOR TRUSTING US TO EXECUTE THE INSTALLATION OF THEIR SYNTHETIC SPORTS FACILITY.

OUR EXPERIENCE, KNOWLEDGE, PRECISION AND PROFESSIONALISM WILL ENSURE THAT A QUALITY FACILITY IS HANDED OVER TO THE CLIENT. OUR CONTINUED COMMITMENT TO USING ONLY THE BEST QUALITY SYNTHETIC SPORTS SURFACING HAS ULTIMATELY LED TO US ACHIEVING THIS MILESTONE.

CUSTOMERS CAN BE ASSURED OF A QUALITY SPORTS FACILITY WHEN THEY MAKE USE OF SYNSPORT! WILL YOUR SCHOOL BE NEXT?

**WE ARE PROUDLY AFFILIATED WITH THESE LOCAL AND INTERNATIONAL BRANDS**

# TOURNAMENT FORMATS



## U23 LADIES CUP SECTION (7 TEAMS)

**SEALS (CAPE)  
LIONS (WEST RAND)  
MAMBAS (MPUMALANGA)  
BEARS (BLOEMFONTEIN)**

**TITANS (TSHWANE)  
VIPERS (PORT ELIZABETH)  
GIANTS (JHB)**

This will be a straight round robin with each team playing 6 pool games.

3rd VS 4th for Bronze

1st VS 2nd for Gold/ Silver

Matches will be 4 Chukkas of 10 minutes and a 5 minute half time)

## U23 MEN CUP SECTION (8 TEAMS – 2 POOLS OF 4)

**POOL 1  
SEALS (CAPE)  
QUAGGAS (EAST RAND)  
MAMBAS (MPUMALANGA)  
LIONS (WEST RAND)**

**POOL 2  
BEARS (BLOEMFONTEIN)  
HAWKS (NAMIBIA)  
SABLES (SOUTHERN CAPE)  
TITANS (TSHWANE)**

Each pool will play 3 game round robin:

At the end of the round robin

Quarter Finals

Losers of Quarter fight will fight for 5th to 8th

Semi Finals

Finals

Matches will be 4 Chukkas of 10 minutes and a 5 minute half time)

# FIXTURES U23 LADIES & MENS CUP SECTION



DATE		WEDNESDAY		18TH DECEMBER 2024			DAY 1
VENUE		WYNBERG MILITARY BASE COURT 1					
GAME	TIME	GENDER	SECTION / POOL		TEAM 1	VS	TEAM 2
1	08h00	LADIES	U23 CUP SECTION		LIONS	VS	SEALS
VENUE		WYNBERG MILITARY BASE - COURT 1					
2	12h30	LADIES	U23 CUP SECTION		VIPERS	VS	GIANTS
VENUE		HERSCHEL GIRLS HIGH SCHOOL					
3	12h30	LADIES	U23 CUP SECTION		SEALS	VS	BEARS
4	17h00	LADIES	U23 CUP SECTION		BEARS	VS	GIANTS
VENUE		WYNBERG MILITARY BASE - COURT 2					
5	17h00	LADIES	U23 CUP SECTION		VIPERS	VS	TITANS
VENUE		WYNBERG MILITARY BASE - COURT 1					
6	17h00	LADIES	U23 CUP SECTION		MAMBAS	VS	LIONS
VENUE		WYNBERG MILITARY BASE - MAIN COURT					
7	20h00	LADIES	U23 CUP SECTION		MAMBAS	VS	TITANS
	21h00		FINISH				

DATE		WEDNESDAY		18TH DECEMBER 2024			DAY 1
VENUE		WYNBERG MILITARY BASE - COURT 1					
GAME	TIME	GENDER	SECTION / POOL		TEAM 1	VS	TEAM 2
8	08h00	MENS	U23 CUP SECTION / POOL 2		SEALS	VS	QUAGGAS
VENUE		WYNBERG MILITARY BASE - COURT 2					
9	12h00	MENS	U23 CUP SECTION / POOL 2		QUAGGAS	VS	LIONS
10	18h00	MENS	U23 CUP SECTION / POOL 2		MAMBAS	VS	LIONS
VENUE		WYNBERG MILITARY BASE - COURT 1					
GAME	TIME	GENDER	SECTION / POOL		TEAM 1	VS	TEAM 2
11	18h00	MENS	U23 CUP SECTION / POOL 1		SABLES	VS	HAWKS
12	20h00	MENS	U23 CUP SECTION / POOL 2		SEALS	VS	MAMBAS
13	21h00	MENS	U23 CUP SECTION / POOL 1		BEARS	VS	HAWKS
VENUE		WYNBERG MILITARY BASE - MAIN COURT					
14	19h00	MENS	U23 CUP SECTION / POOL 1		BEARS	VS	TITANS
15	21h00	MENS	U23 CUP SECTION / POOL 1		SABLES	VS	TITANS
	22h00		FINISH				

DATE		THURSDAY		19TH DECEMBER 2024			DAY 2
VENUE		WYNBERG MILITARY BASE - MAIN COURT					
16	14h30	LADIES	U23 CUP SECTION		TITANS	VS	GIANTS
17	15h20	MENS	U23 CUP SECTION / POOL 1		SABLES	VS	BEARS
18	16h10	MENS	U23 CUP SECTION / POOL 2		LIONS	VS	SEALS
19	17h00	LADIES	U23 CUP SECTION		LIONS	VS	GIANTS
20	17h50	MENS	U23 CUP SECTION QUARTER FINAL 1		1ST POOL 1	VS	4TH POOL 2
21	18h40	MENS	U23 CUP SECTION QUARTER FINAL 2		2ND POOL 2	VS	3RD POOL 1
22	19h30	MENS	U23 CUP SECTION QUARTER FINAL 4		2ND POOL 1	VS	3RD POOL 2
23	20h20	MENS	U23 CUP SECTION QUARTER FINAL 3		1ST POOL 2	VS	4TH POOL 1
VENUE		ST CYPRIANS GIRLS SCHOOL					
24	14h00	MENS	U23 CUP SECTION / POOL 1		HAWKS	VS	TITANS
25	14h50	LADIES	U23 CUP SECTION		MAMBAS	VS	SEALS
26	15h40	MENS	U23 CUP SECTION / POOL 2		QUAGGAS	VS	MAMBAS
VENUE		WYNBERG MILITARY BASE - COURT 1					
27	16h00	LADIES	U23 CUP SECTION		BEARS	VS	VIPERS
	16h50					VS	BREAK
28	17h20	LADIES	U23 CUP SECTION		SEALS	VS	TITANS
29	18h10	LADIES	U23 CUP SECTION		MAMBAS	VS	BEARS
30	19h00	LADIES	U23 CUP SECTION		LIONS	VS	VIPERS
	19h50		FINISH				



# FIXTURES U23 LADIES & MENS CUP SECTION



DATE		FRIDAY		20TH DECEMBER 2024		DAY 3	
VENUE		WYNBERG MILITARY BASE - COURT 1					
GAME	TIME	GENDER	SECTION / POOL		TEAM 1	VS	TEAM 2
31	08h00	LADIES	U23 CUP SECTION		TITANS	VS	LIONS
32	08h50	LADIES	U23 CUP SECTION		VIPERS	VS	MAMBAS
	09h40				BREAK		
33	12h30	LADIES	U23 CUP SECTION		GIANTS	VS	MAMBAS
34	13h20	LADIES	U23 CUP SECTION		BEARS	VS	LIONS
	14h10		PRIZE GIVING AT WYNBERG MILITARY BASE AT 8PM				

DATE		FRIDAY		20TH DECEMBER 2024		DAY 3	
VENUE		WYNBERG MILITARY BASE - MAIN COURT					
35	08h30	LADIES	U23 CUP SECTION		SEALS	VS	GIANTS
36	09h20	MENS	U23 CUP SECTION SEMI FINAL 1		WINNER QF1	VS	WINNER QF2
37	10h10	MENS	U23 CUP SECTION SEMI FINAL 2		WINNER QF3	VS	WINNER QF4
38	11h00	LADIES	U23 CUP SECTION		BEARS	VS	TITANS
39	11h50	LADIES	U23 CUP SECTION		VIPERS	VS	SEALS
40	12h40	MENS	U23 CUP SECTION PLAYOFFS		LOSER QF1	VS	LOSER QF2
41	13h30	MENS	U23 CUP SECTION PLAYOFFS		LOSER QF3	VS	LOSER QF4
42	14h20	MENS	U23 CUP SECTION		BRONZE 3RD VS 4TH		
43	15h10	LADIES	U23 CUP SECTION		BRONZE 3RD VS 4TH		
44	16h00	LADIES	U23 CUP SECTION		GOLD / SILVER 1ST VS 2ND		
45	16h50	MENS	U23 CUP SECTION		GOLD / SILVER 1ST VS 2ND		
	20h00		PRIZE GIVING AT WYNBERG MILITARY BASE AT 8PM				



**WE ARE INDOOR.**



FRANCHISE OWNER Jack Thonissen  
FRANCHISE MANAGER Tarrin Ramsden



# BEARS

## U23 Boys Bears

COACH: Lebogang Mathobela

Karabo Phutsisi  
Elrich Jacobs  
Neilyandro van Schalkwyk  
Wandrich Keyser  
Güm van Wyk  
Francois Fourie  
Christian Vermeulen  
AC Delport

## U23 Girls Bears

COACH: Marc Dereklandman

Alethea Myburgh  
Isabella Myburgh  
Solange Jacobs  
Courtney v Reenen  
Chris- Leigh Potgieter  
Cale Potgieter  
Anabel Potgieter  
Tara Oertel  
Lynda Portelli



FRANCHISE OWNER Erica Combrink

# SABLES

**U23 Boys A**

**COACH: Zaid Pillai**

Phillip Rothman

Gabriel Brocker

Robbie Corker

Nel Visagie

Lerou Ditlhakanyane

Zeke Hougaard

Ozair Pillai

Sean Slater

Mikey Royden-Turner



FRANCHISE OWNER Les Kirsten

# VIPERS GREEN

**U23 Girls**

**Coach : Michael Abrahams**

**Manager : Melissa Gillies**

Alulutho Adams

Elizabeth Porter

Silja Ferreira

Kyla Nienaber

Isabella Bisdee

Caitlin Gillies

Jaime Gillies

Xena Abrahams

FRANCHISE OWNER Simon Martin  
FRANCHISE MANAGER Luke Thonissen



# SEALS

**U23 Boys Seals**  
**COACH: Shudley Hendricks**

Thomas Stewart  
Daniel Wyley  
Teague Lourens  
Joey Baylet  
Ryan Nell  
Luke van Rensburg  
Blake Martin  
Cameron Chadwick  
Carlou Mentoor  
Ray Bonnet

**U23 Girls Seals**  
**COACH: Greg Knott**  
**MANAGER: Wren September**

Isabella Booyens  
Cassidy Booyens  
Erin Kennedy  
Aakifah Abrahams  
Jesse Gradwell  
Grace Cochrane  
Saarah Woodman  
Emily Adams  
Tayla Martin  
Hannah Breytenbach



FRANCHISE OWNER Trevor & Shayne Cormack  
FRANCHISE MANAGER Jerri & Kiana Cormack

# HAWKS

**U23 Boys**

**COACH: DAKOTA HANSEN**

JP Britz

David Britz

Fagan Hansen

Matuu Kavikairiua

Josh VD Merwe

Darren Enslin

Jack Fourie

Richter Van Rooyen

Nico Neethling

Sean Erwin



FRANCHISE CO OWNER Josie Milella, Julian Hykes  
& Omari Pienaar Geyer

# GIANTS

**U23 Girls**

**Coach: Omari Pienaar Geyer**

**Assistant Coach: Jean Leigh Du Toit**

**Manager: Gunter Geyer**

Richele Norval

Hanrie Low

Danika Janssen

Ayla Kruger

Ester Prinsloo

Kiara Perold

Hannah Wells

Legae Mentoor

Lily Sharp





FRANCHISE OWNER Ilani Pretorius  
FRANCHISE MANAGER Greg Barnard

# LIONS WHITE

## U23 Boys

COACH: Donovan Blake

Declan Blake  
Matthew Burton-Durham  
Joshua Hutcheson-Sweet  
Gavin Scott  
Nathan Ramar  
Matthew Macnamara

## U23 Girls

COACH: Louis du Buisson

Mieke Coetzee  
Elrikav Jaarsveld  
Jaycee Wessels  
Manana du Toit  
Lalique du Toit  
Bernadine Erasmus  
Maxine Holmes  
Jordyn Meyer

FRANCHISE OWNER Tracey Flowers  
FRANCHISE MANAGER Frank Flowers



# MAMBAS BLACK

## U23 Boys

COACH: Frank Flowers Snr

MANAGER: Brighty Mashaba

Ruan Jacobs  
Deejay Khosa  
Thato Letlalo  
Mbulelo Ncube  
Bryce Neveling  
Daniel Range  
Kwazi Sibisi

## U23 Girls

COACH: Charlize Swanepoel

MANAGER: Ben Parsons

Roaldi Jenkins  
Ashlea Parsons  
Alexia Wheatley  
Tamryn Haycock  
Tara Haycock  
Chanari van Grening  
Kirsten Davies  
Grete-Lee Swanepoel  
Michaela Wade  
Motheo Manzi



FRANCHISE OWNER Zita Texiera  
FRANCHISE MANAGER Mildred Roberts

# QUAGGAS

**U23 Boys**

**COACH: Zeta Teixeira**

Ryan Kapanda  
Odirile Nkosi  
Gianluca Gattesco  
Zane Immelman  
Ruan Verster  
Armand Le Roux  
Tristan Looek  
Ryan Carlyle  
Ethan Minnie  
Cade Ferreira



**FRANCHISE OWNER:** Boithabiso Sport NPC

**FRANCHISE MANAGERS:** Cobie Odendaal/Mathepelo Pitso

# TITANS CHAMPS

## U23 Boys

**COACH:** Ayrton Matthews

Reece Manicom  
Cameron Le Forestier  
CG Odendaal  
CJ Mashele  
Ivan Engelbrecht  
Jethro Stoltz  
Kukhanya Cweba  
Micah Sonn  
Richard Porter

## U23 Girls

**COACH:** Micaela Roos

Danielle van Zyl  
Abigail de Jager  
Anja Tromp  
Daniela Patrizi  
Marli Liebenberg  
Minette Lourens  
Nicola Meyer  
Pretty Morema  
Shanay De Klerk  
Ualize Truter

Stay where your heroes stay.

We are proud to be the preferred  
home away from home for  
South Africa's top sports teams  
and athletes.

Experience world-class  
accommodation, professional service  
and delectable cuisine when you  
stay where your heroes stay.

Experience life.



Southern Sun

[southernsun.com](http://southernsun.com)

[/southernsunhotels](https://www.facebook.com/southernsunhotels) [@southernsungrp](https://www.instagram.com/southernsungrp) [@southernsunhotels](https://www.instagram.com/southernsunhotels)